



Northville Soccer Association

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UNDER 7 & 8 INSTRUCTIONAL LEAGUE RULES

This league is instructional and all rules are intended to give a basic understanding of soccer, positioning and teamwork, with a de-emphasis on winning or losing.

All rules for U-10 WSSL teams shall apply, except as follows:

1. The game shall be four, 10 minute quarters with each team changing goals at the end of the half. Teams alternate kickoffs to start each quarter.
2. Each team on the field shall consist of only 5 players, 5 v 5, no keeper. U8 spring teams 4 v 4 and Keeper. Keeper must wear a different color jersey.
3. No player shall play the same line or position twice in a game.
4. No substitutions are allowed during a quarter except for illness or injury.
5. One coach from each team MAY be on the field (not recommended). Coaches are not allowed within the 12 yard of the goal line or the ball while the ball is in play. The coach may not interfere with play. No coach, parent or player can be positioned behind the goal line.
6. All infractions of the rules shall be explained by the coach.
7. Coaches will decide, at the field, on game cancellations due to weather. If possible, team coaches will schedule a make up game.
8. Each player shall play a minimum of two (2) quarters.
9. No win/loss records shall be kept and only participation awards through NSA will be awarded at the end of the season. No public statements shall be made regarding a team's performance as it relates to wins, losses, goals for or goals against. There shall be no exceptions.
10. Offside is not enforced.
11. A player is not allowed to score more than 3 goals in a game. Discouraging a player from scoring should not be asked of the player, rather, the player should change to a position that would limit scoring, such as keeper. Players must like to score.
12. All free kicks are indirect - no penalty kick. Free kicks are taken outside goal area.
14. The game is restarted with a pass-in with feet, from the spot where it left the field of play and are indirect. Opponent must be 5 yds. away. Throw-ins are used with the U-8 Spring teams only, three try's allowed before switching possession.

Summary: No Keepers, No offsides, No throw-ins except for U8 Spring teams, which can use throw-ins and a keeper.

